

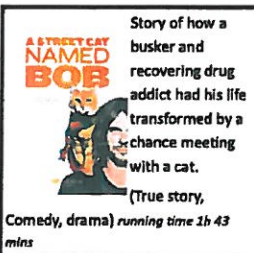


Why not try our new Parish Film Club entry is absolutely free and you are welcome to bring any snacks you may require to enhance your viewing. Tea and Coffee will be provided at the beginning and the end of the film giving people time to have a quick chat before the film starts and also discuss the film once you have watched it, if they like.

NOW SHOWING

2pm Friday 6th April **2pm Friday 1st June**

A Street Cat Named Bob

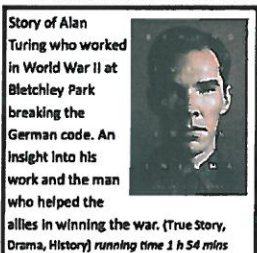


Story of how a busker and recovering drug addict had his life transformed by a chance meeting with a cat.

(True story,

Comedy, drama) running time 1h 43 mins

The Imitation Game



Story of Alan Turing who worked in World War II at Bletchley Park breaking the German code. An insight into his work and the man who helped the allies in winning the war.

(True Story, Drama, History) running time 1 h 54 mins

To reserve your place or for more information please contact 01908 521538 or email andy.ridgway@shenleybrookend-pc.gov.uk

Shenley Brook End & Tattenhoe Parish Council Office
1 Wimborne Crescent, Westcroft MK4 4DB



Every Tuesday 2-4pm

At the Ridgeway Centre, Furzton

If you're looking for somewhere to meet new people, enjoy a good chat, and maybe even share some cake then Furzton over 50's club is for you.

Each week we provide the space and the drinks and our members provide the conversation and the welcoming atmosphere. Whether you would like to meet new people, share experiences, play some games, or just get out of the house then why not join us.

There is no charge for the sessions but we do ask that members give a small donation to cover tea, biscuits, activities, etc

We want new members to come with ideas so we can make the space as welcoming and inviting as possible as well as providing the support that some people may need.



For more information then please contact the Parish Office on 01908 521538 or email Andy.Ridgway@shenleybrookend-pc.gov.uk



Parish Coffee Morning



Last Friday of every month
10.00-12.00

At the Parish Office, Westcroft

Come along and meet other people have a chat a drink and build a friendship. Our coffee mornings are free of charge, we do take donations towards tea and biscuits and are always very welcoming to anyone who wishes to bring cake.

If you are interested then just come along and grab yourself a drink.

Starting Friday 27th April 2018

For more information then please contact the Parish Office on 01908 521538 or email Andy.Ridgway@shenleybrookend-pc.gov.uk



Shenley Brook End & Tattenhoe Parish Council
INTERNET CLUB



If you are struggling with using the internet or have questions about your tablet then why not come and join us at our new internet club. We aim to be able to offer advice on the basics while having a chat and a coffee. The club has been set up to offer practical advice and support not training or workshops.

It doesn't matter what age you are, we all have questions about technology. So if its help with completing online forms, reporting problems to the Council or a landlord, using social media, speaking to relatives via skype, or even want to use the internet for the first time then why not join this new club.

The First and Third Monday of every month

Starting Monday 16th April 2018

10am-12pm

At The Parish Office, Westcroft

For more information then please contact the Parish Office on 01908 521538 or email Andy.Ridgway@shenleybrookend-pc.gov.uk



New Gentle Exercise Class for Older or Less Able residents, or Those just wanting to keep fit!!!



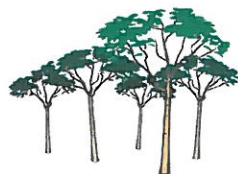
Tuesday 12-1pm

at The Ridgeway Centre, North Furzton. Weekly

A simple, fun way to improve **Flexibility**, **Aerobic** capacity, **Balance** and **Strength**. A **FABS** class run by Roy Haynes and funded by Shenley Brook End Parish Council. Roy is a certified instructor with an organisation called **Move It Or Lose It** (because if you don't, you will!).

Staying flexible and keeping muscles strong is so important to reduce fatigue, reduce the chance of falls and allowing everybody to maximise their health and enjoyment of life. Roy's classes introduce music to move to and can be done seated, supported or free standing. Each class will be no more than 1 hour long and you will need to bring along a bottle of water and wear light, layered clothing and flat bottomed comfortable shoes.

The classes will be open to all residents from within this Parish and will be free of charge. If you are interested, please call the Parish Council office on 01908 521538 to register an interest.



Shenley Brook End & Tattenhoe
Parish Council

**MOVE IT
OR LOSE IT!**®